

3 Days Quick impression of Panama City

Day 1: Panama City

Upon arrival in Panama, you will be picked up and you will start the city tour!

Panama City was founded in the XVI century by Spanish conquistadors. It was the first Spanish port on the Pacific. Now the capital has two towns: the “old town” (Panamá Viejo) and the “new town” (Casco Antiguo, Spanish for Old Quarter). The Panamá Viejo is an exceptional testimony of colonial town planning; the ruins of its cathedral, convents and public buildings showcase unique technological and stylistic characteristics of its temporal and cultural context; and Old Quarter represents a significant stage in the development of Spanish colonial style. Both Panamá Viejo and Old Quarter have been declared UNESCO World Heritage sites.

The 6-hour city tour includes the Miraflores Locks at the Panama Canal Visitors Center. It is the perfect place to witness how the Panama Canal works. From the observation decks, visitors may watch the lock gates open and close as vessels begin or end their transit. Through the exhibitions, you can learn about the Panama Canal’s history its impact on international trade. How it works, its close relationship with nature and the Canal Expansion. A 3D movie portrays the story of the waterway. We will visit old and modern parts of the city, starting from the Former Canal Zone where the Americans lived during the construction of the Panama Canal, and ending with the Balboa Avenue, one of the most beautiful streets of the city along the bay. The historic quarter of Panama City, Casco Antiguo, is a colorful neighborhood with nice avenues, parks, and squares. You will visit National Theater of Panama, France Plaza, San Jose Church with the famous Gold Altar, Bolivar Plaza, and Cathedral Plaza with the Panama Canal Museum. Then, we will go up Ancon Hill, the highest point in the Panama City, which offers amazing views. Finally, we will go to Amador Causeway, one of the most interesting parts of the city. It's a long, winding road that connects three smaller islands: Naos, Perico, and Flamenco.

Day 2: Embera Indian village

This tour will get you out of the XXI century comfort zone and will make you look differently at the magic of life.

You will learn about the pre-Columbian history of Panama, the origin of the Embera tribe, their customs and traditions. They make incredibly beautiful and sophisticated baskets, tagua nut carvings, necklaces, bracelets, etc.

Refresh your mind and body in cool and crystal clean waters of a tropical waterfall, dance with the Indians their ancient dances, try delicious local food, feel the fresh air on your face and get totally renewed at the Chagres National Park.

The lunch is included.

We highly recommend wearing closed running shoes with laces. On the way to the waterfall, you have to cross the river. Be ready to get your shoes wet, the level of the river may vary according to the season .

Day 3: Departure day

At the right time you will be picked up and transferred to the airport for your flight home.

Highlights Panama	1/2 DBL
AC 4* Panama City hotel BB	\$451

Includes:

- Private transfer Airport – Hotel – Airport
- 2-night stay at the hotel; the breakfast and taxes are included
- Private 6-hour Panama City Tour & Panama Canal

- Private 8-hour Embera Indians Village Tour
- The Panama Canal entrance fee
- Private comfortable transportation
- English-speaking guide

Not included:

- Travel insurance for trip cancellation, medical services or evacuation
- Meals not described
- Tips
- Personal expenses like phone calls, laundry, etc
- Services not described

This tour can start on any departure date in 2019 except for holidays and congresses and can be booked for 1 pax or more

***All the hotels can be substituted by a similar class hotel**

**** This program availability and prices will be confirmed upon booking.**

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(ADA-25/07/2019)