

Valid time: Jan 1, 2017 to Dec 31, 2017

15 - Days Lhasa -Everest Base Camp- Mount Kailash Tour

Outline Itinerary

B=Breakfast

Days	Place & Transport	Today's Activities	Meals	Accommodation
D1	Arrival Lhasa	Arrival Lhasa, Airport/Train Station to Hotel Transfer, Acclimatize the high altitude.		Economy Hotel,
D2	Lhasa	Drepung Monastery , Sera Monastery	B,D	Economy Hotel
D3	Lhasa	The Jokhang Temple and the Barkor Street, Potala Palace. Local Tibetan teahouse and welcome dinner	B	Economy Hotel
D4	Lhasa -Gyantse - Shigatse	The Yamtso Tso Lake, The Pelkor Monastery, the Karola Glacier, Far view of the Gyantse Fortress.	B	Economy Hotel
D5	Shigatse-Tingri	Tashilunpo Monastery	B	Tingri Hotel
D6	Tingri-Rongbu Monastery	Far View of Mountain Himalaya, The Rongbuk Monastery.	-	Rongbuk Guest House or Local Tent
D7	Everest Base Camp - Saga	The Everest Base Camp.	-	Guest house

D8	Saga - Darchen	Drive from Saga to Darchen	-	Guest house
D9	Darchen - Drirapuk	Trek day one (Outer circuit) - Darchen to Drirapuk(11km)	-	Camping or guest house
D10	Drirapuk - Dzultripuk	Trek day two - Drirapuk to Dzultripuk(22km)	-	Camping or guesthouse
D11	Dzultripuk - Darchen	Trek day three- Dzultripuk to Darchen(11km)	-	Camping or guest house
D12	Darchen-Saga	Drive from Darchen to Saga(530Km)		Guest house
D13	Saga-Shigatse	Drive from Saga to Shigatse	-	Economy Hotel
D14	Shigatse- Lhasa	Drive from Shigatse to Lhasa	B	Economy Hotel
D15	Lhasa Exit	Leave Lhasa to your next destination, Tibet tour ends.	B	-

Itinerary in detail

Day 1 Arrive in Lhasa by plane or by train

You are warmly welcome to Tibet by saying Tashi Delek at the Train station/airport by our professional employee and send you to reserved hotel in Lhasa. Then have a good rest to acclimatize the high altitude in the afternoon.

Overnight at Lhasa

Meals included : ——

Hotel:YAK Hotel (or other similar Hotel)

Day 2 Lhasa Sightseeing: Potala Palace/ Jokhang Temple/Barkhor Street (B,D)

Morning section to visit the famous Potala palace and explore the grandest of this myriad chapels.

Afternoon we will visit the holist temple in Tibet, the Johkang Temple, and at Barkor Kora, which is the most famous Kora in Tibet, we can buy Tibentan traditional or religious things.

Overnight at Lhasa

Meals included : Breakfast & Dinner

Hotel: YAK Hotel (or other similar Hotel)

Day 3 Lhasa Sightseeing: Drepung Monastery/ Sera Monastery (B)

Today, we will visit two important monasteries in Lhasa, the Drepung and the Sera. If we are very lucky, we may even come across Sera Monastery's Monks debating which was held in the courtyard at around 3:00-5:30 in the afternoon.

Overnight at Lhasa

Meals included : Breakfast

Hotel: YAK Hotel (or other similar Hotel)

Day 4: Lhasa - Yamdrotso Lake - Shigatse (10 hrs, 370km)

Passing by the green farmland of Nyangchu Valley, Yamdro-tso lakes, Karo-la Glacier roadside at 4960m, we move westwards to Tibet's traditional town, Gyantse. The most important attraction for today is Yamdro-tso Lake, and Kubum monastery in Gyantse. Yamdro-tso Lake is shaped like coiling scorpion with deep blue in color and Kubum monastery has a 35m-high chorten (stupa) with its white layers trimmed with decorative stripes and its crown-like golden dome. Today, we drive to Shigatse, which is the second biggest city of Lhasa.

Overnight in Shigatse

Meals included : Breakfast

Hotel: Tsangba Hotel (or other similar Hotel)

Day 5 Shigatse - Tingri (10hr, 290km)

In Shigatse, you will visit the famous Tashi Lhunpo monastery where you can see the well preserved largest statue of Jampa (future god) in the world. The monastery itself is abiding place for the successive Penchen Lamas. Then forwards to world highest pass Gyatso-la pass with 5200 m above sea level, and then drive to Tingri, the entrance of Himalayan Nature Reserve.

Overnight in Tingri

Meals included : Breakfast

Hotel: 2 star Hotel or Guest House

Day 6: Tingri to Rongbuk Monastery and Everest Base Camp (3 hrs, 90km)

There is only 2-3 hours driving from Tingri to Rongbuk through 90km new winding road in the mountains. On the way from Tingri to E.B.C, you can enjoy the stunning mountain scenery; pass the wild grassland, the torrent and soaring mountains. If it is in clear weather, you can see the panorama of Himalaya range and among mountains you can see 4 mountains which are 8000m high and more to enjoy like Mt. Lhotse (8516m), Mt. Everest (8848m), Mt. Qowowuyag (8201m) and Mt Mayalu (8463m), and even majestic view of golden summit of Mt. Everest at sunset.

Stay overnight in Rongbuk Guest House or local Tibetan Tent

Meals included : Breakfast

Hotel: Tent or Guest House

Day 7: Rongphu Monastery - Everest Base Camp - Saga (13hrs, 460km)

We need to take the old tingri road to Sagar County. From the old Tingri, you can see the Mt. Everest and Mt. Shishapangma which is at 8012m was the least of the world's 8000m peaks to be climbed. The road condition worsens from old tingri and runs parallel to the Himalayan ranges and Nepalian sides called Anapurna ranges. The main road passes through the desolate plain of Digur tang, with its enormous sand dunes and the closely neighboring snow peaks of Shishapangma and langtang to the south. Leaving the bum-chu basin, it then descends into the depression of Pelkhu tso Lake (4600m), a cobalt blue lake. Today we drive to Saga, a small town 69km from the Phelgu tso.

Overnight at local guesthouse of Saga

Meals included : ——

Hotel: Local Guest House

Day 8: Saga to Lake Manasarova to Darchen(14hrs, 550km)

Moving towards the Drongpa County, the region around the sources of Brahmaputra River, which is about 167km from the Saga town. At about 50km from today's destination Darchen, we will make a small detour to Lake Manasarovar, the holy lake of Tibetan and Hinduism. You can relax around the lake shore and experience the natural beauty of the lake. In the summer time, flocks of swans will gather on the lake, bringing grace and life to the area. You can also see so many Tibetans and Hindus praying and circling around the lake shore, snow capped mountains on the background and hundreds of swans gathering on the lake, attracting hundreds and thousands of

tourists from all over the world. In late afternoon, we will reach Tarchen, a small town at the foot of Mt. Kailash. Tour guide will assist tourists to arrange trekking yaks and porters and doing some preparation for your following 3 days trekking around Mt.Kailash.

Overnight at local guesthouse in Darchen twon

Meals included : ——

Hotel:Local Guest House

Day 9: Trek Day One - Darchen to Drirapuk (6.5 hrs, 20km)

The Traditionally pilgrims undertake 52 km trekking circuit around Mount Kailash, commencing at Darchen (4574m) and crossing the Dolma-la pass on the second day of the three day walk. 8 kilometers after leaving Darchen with environment-friendly bus (40minutes), we get to a village called Sarshung, where porters are waiting for their clients. After two hours, we come upon a grassy plain populated by nomads. For this turn in the valley it is another two hours at least before reaching Drirapuk(4920m). You need to camp or can rest in monastery's guest house made from cement with a few good facilities than others in Drirapuk. At the opposite side of Drirapuk, there you can see small monastery with its guest house little cleaner than others.

Stay overnight at the tent guesthouse of monastery.

Meals included : ——

Hotel:Local Guest House

Day 10: Trek day two - Drirapuk to Dzultripuk (18km, 7-8hours)

The second day is the hardest and most tough circuit with the Dolma-la pass lying 6.4km ahead but 762m above Drirapuk. The peak of Dolma-la pass is about 5630m above sea level, so it is better to set off early in the morning as the sun rays break over the ridges above. After taking a rest at the peak of Dolma-la pass, you will descend staircase bringing you to Lhachu valley floor, taking about one hour from the pass. From here it is still four hours trekking to the today's final destination with no shelters on the way. It is better to walk on the right side of the river and finally get to Dzultripuk (with miracle cave of milarepa). It is advisable to get there before other groups because limited numbers of rooms are available there in Dzultripuk. Take a good rest in the guest room and prepare for next morning's departure.

Stay overnight at the tent guesthouse of monastery.

Meals included : ——

Hotel:Local Guest House

Day 11: Trek day three- Dzultripuk to Darchen (14km, 3-4hours)

Today, we will go through Milarepa's cave, where the temple and shrines have been built around. Then we walk back to Darchen is easy and the exit from the valley can be reached within three hours. At the ending point of the valley, the driver will come to pick you and take you back to Darchen.

Stay overnight at the local guesthouse at Tarchen.

Meals included : ——

Hotel:Local Guest House

Day 12: Drive from Darchen to Saga (530Km, 14 hours)

Drive back along the incoming road.

Meals included : ——

Hotel:Local Guest House

Day 13-14: Saga to Shigatse to Lhasa (2 days, 750km)

Drive back along the incoming road.

Day 15: End the tour, Airport drop off.

Services Included

1. All necessary permits to Tibet, including Entry Permit, Alien's travel permit, Military permit
2. Entrance fees of all tourist sites listed in the itinerary.
3. Meals as specified in the itinerary
-Breakfast during most part of the trip
4. Local tour Transfers,4WD,Mini Van or Tourist Bus according to Group Size and seasons
5. Local Tibetan English-speaking guide
- 6.Accommodations:
-Economy Hotel sharing twin room basis in major cities: Lhasa/Shigatse/Old tingri
-Basic guest house in remote area or while trekking
7. Service Charge & Government Taxes
8. Arrangements include planning, handling, operational and communication charges.
9. Welcome Tibetan Style Dinner in local restaurant.
- 10.Environmental bus between Rongbuk Monastery and EBC

11. Water and hot water provided when necessary along the trip

12. Necessary oxygen provide at Mt. Everest Base Camp.

13. Airport/train station picking up and dropping off in Lhasa

Services Excluded

1. Tips to tour guide and driver, you are suggested to tip them 7 USD/day in total.

2. Lunch and dinners are not included

3. Breakfast at Rongbuk Saga and Darchenis not included

4. Full board during the trekking

5. Porters, trekking animals (Yaks) during the trekking

Fixed Departed Days in 2017

April: 17

May: 11, 26, 31

June: 15, 30

July: 29

August: 28

September: 5, 27

October: 26

Price per person in USD

	Nov 16-Mar 31	Apr 1-Jun 25	Jun 26-Aug 25	Aug 26-Oct 15	Oct 16-Nov 15
Twin/Triple Share		2152	2448	2448	2152
Single Supplement		160	180	180	160

The hotel inclusive in this quotation is Lhasa Yak Hotel 3 star or Gorkha Hotel 3 star. You can upgrade

to local 4 star at extra cost of USD60 per person. (Lhasa Gnagjian Hotel 4 *)

Important notice

- A minimum of 6 adults per booking is required
- Adult price is based on twin / triple share of a hotel room
- Child price is based on child without extra bed
- If you need one adult in one room, additional single supplement will be informed and charged
- If you need extra bed for child, additional cost will be informed and charged
- Please notice the hotel allows only maximum of 3 persons to stay overnight in one room
- Economic class hotel: Lhasa Yak Hotel / Tibet Gorkha Hotel / Mandala Hotel, Shigatse Zangba Hotel / Manasarover Hotel; Comfortable class hotel: Lhasa Gnagjian Hotel, Shigatse Tashichota Hotel, Shigatse Hotel
- Please be prepare the hotel facilities and service standard in Tibet will not be as good as cities in inland China. A 4-star hotel in Tibet equals maybe the standard of a 3-star hotel in Beijing. At Rongphu Monastery Kent, hot water is only available for limited hours.
- For shuttle bus between airport and hotel, each passenger (except an infant) can check-in a maximum of 2 pieces of baggage, total dimensions per bag shall not exceed 158 cm (62") . Over sized and excess baggage are subjected to the availability of storage space on coach, and surcharge will be charged.
- If you do not want to wait for our airport shuttle bus, the taxi fare will be paid by yourself.

Travel from a Chinese city to Lhasa

- If you travel from a Chinese city to Lhasa, all foreign travelers need a Tibet Travel Permit (TTP) in addition to a Chinese visa. TTP is inclusive in our package, the local operator in Lhasa will apply for you. China visa application is not included.
- Please first obtain a Chinese visa from a Chinese Embassy on your own and then book this package at least 20 days prior of your arrival day in Tibet. If the Chinese Embassy requests an invitation letter for Chinese Visa, Our local tour operator can prepare one and send it to you.
- Our local tour operator will apply for a TTP for you (minimum 15 days lead time) and send it to one of their offices for you to collect. Office locations include Beijing, Shanghai, Xian, Guilin, Chengdu, Kunming, Guangzhou, Shenzhen, Hong Kong, Zhuhai, Changsha, Nanning and Macau.
- To apply for the TTP, please provide traveler's name (as appears on passport), nationality, age, sex, occupation, and passport number as well as photocopies of your passport and Chinese visa.
- The following travelers can not get a TTP issued by Tibet Tourism Bureau: diplomats, journalists, professional media photographers, and government officials. These travelers need to apply directly to the Foreign Affairs Office at Lhasa City Hall: your local tour operator is unable to help.

My travel day is not in the list

- If your travel date is not on our fixed depart list, please choose a random departure date we already have, state your ideal travel date and submit. Our local operator in Lhasa will check the availability and come back to you with a proposal: OK to form a new group, or 100% refund will be issued

[Click here to Submit Enquiry](#)

(CTA-141216)