

Valid time: Jan 1, 2017 to Dec 31, 2017

8- Days Lhasa and Everest Base Camp Tour

Outline Itinerary

B=Breakfast

Day & Date	Place & Transport	Accommodation	Meals Plan	Today's Activities or Sightseeing
Day 01	Arrival Lhasa	Economy Hotel	-	Airport/train station to Hotel transfer, rest in Lhasa to acclimatize the high altitude
Day 02	Lhasa	EconomyHotel	B,D	Potala Palace, Jokhang,Barkhor Street
Day 03	Lhasa	EconomyHotel	B	Drepung Monastery,Sera Monastery
Day 04	Lhasa to Gyantse to Shigatse(330km)	Economy Hotel	B	Karola Glacier, Yamtso Tso Lake, Gyantse Kumbum
Day 05	Shigatse to Rongpuk(350km)	Tent or Guest House	B	Rongpuk Monastery, far view Peaks of Himalayas.
Day 06	Rongpuk to EBC to Shigatse	Economy Hotel	-	Everest Base Camp
Day 07	Shigatse to Lhasa	EconomyHotel	B	Tashi Lhunpo Monastery
Day 08	Departure Lhasa	-	B	Hotel to airport/train station transfer

Detailed Itinerary

Day 1 Arrive in Lhasa by plane or by train

You are warmly welcome to Tibet by saying Tashi Delek at the Train station/airport by our professional employee and send you to reserved hotel in Lhasa. Then have a good rest to acclimatize the high altitude in the afternoon.

Overnight at Lhasa

Meals included : ——

Hotel:YAK Hotel (or other similar Hotel)

Day 2 Lhasa Sightseeing: Potala Palace/ Jokhang Temple/Barkhor Street (B,D)

Morning section to visit the famous Potala palace and explore the grandest of this myriad chapels.

Afternoon we will visit the holist temple in Tibet, the Johkang Temple, and at Barkor Kora,which is the most famous Kora in Tibet,we can buy Tibentan traditional or religious things.

Overnight at Lhasa

Meals included : Breakfast & Dinner

Hotel:YAK Hotel (or other similar Hotel)

Day 3 Lhasa Sightseeing: Drepung Monastery/ Sera Monastery (B)

Today, we will visit two important monasteries in Lhasa, the Drepung and the Sera.If we are very lucky,we may even come acrossSera Monastery's Monks debating which was held in the courtyard at around 3;00-5:30 in the afternoon.

Overnight at Lhasa

Meals included : Breakfast

Hotel: Mandala Hotel (or other similar Hotel)

Day 4 Lhasa/Yamdrotso lake/Gyangtse/ Shigatse (B)

Passing by the green farmland of Nyangchu Valley, Yamdro-tso lakes, karo-la glacier roadside at 4960m, We move westwards to the second biggest city Shigatse, where spiritually hosted by Pamchan Lama. And in Gyantse, Kubum monastery.is also a famous we can not miss.

Overnight at Shigatse

Meals included : Breakfast

Hotel:Tsangba Hotel (or other similar Hotel)

Day5: Shigatse/ Lhatse/ Tingri (Shegar)/Tingri/ Rongphu Monastery(B)

Drive westwards the Friendship way to Tingri.. From Tingri to E.B.C with the road is very rough. If it is in clear weather, we can have a glimpse of 4 mountains which is 8000m high or more, Overnight at

Rongphu Monastery Tent or Guest House

Meals included : Breakfast

Hotel: Tent or Guest House

Day 6 Rongphu Monastery/Evrest Base Camp/ Tingri/ Shigatse

Early in the morning to see the sunrise from Rongpuk then to view Mt.Everest.Hiking up or taking bus to the top of the photo point to take pictures of the splendid- Mt. Everest. Then we will drive back to Shigaste.

Overnight in Shigaste

Meals included : ——

Hotel: Tsangba Hotel (or other similar Hotel)

Day 7 Shigatse to Lhasa(B)

Before driving back to Lhasa, we will visit the largest Monastery in west Tibet, the Tashilunpo monastery, as the last but famous historic sites for your Tibet tour.

Overnight in Lhasa

Meals included : Breakfast

Hotel:YAK Hotel (or other similar Hotel)

Day 8 Lhasa airport dropping off(B)

Your tour guide and driver will help to drop you at the Lhasa airport, end the service

Meals included : Breakfast

Hotel:—

Services Included

1. Tibet Entry Permit and Alien's travel Permit
2. Transport
 - Transfer between airport/train station and Lhasa city
 - Lhasa City transportation
 - Lhasa-Gyantse-Shigatse-EBC-Lhasa
3. Admission fee of All tourist sites listed in Itinerary
4. Environment friendly local bus between Rongpuk and EBC
5. Professional Tibetan English speaking tour guide
6. Hot water bottle provided in winter while travelling to EBC
7. Travel Agency Service Charge
8. Accommodation

- Economy Hotel sharing twin room with breakfast buffet in Lhasa and Shigatse;

Hotel in Lhasa:LhasaYAK Hotel (**or other similar Hotel**)

TEL : 0891-6300009

Address : No.100 Beijing East Road, Chengguan District, Lhasa

Hotel in Shigatse: Tsangba Hotel (**or other similar Hotel**)

TEL: 0892-8669888FAX:0892-8667888

Address:Shigatse,RenbuRoad ,No.9

- Tent or Guest House at Rongpuk;

9. One welcome dinner in Lhasa

Services Excluded

1. Lunches and Dinners

2. Tips to driver and tour guide, Tip as you wish

3.Breakfast at Rongpuk Monastery

4. Other personal expense

Fixed Departed Days in 2017

January: 1, 5, 14, 21, 26

February: 8

March: No tour

April: 1, 3, 7, 10, 13, 17, 20, 23, 27

May: 7, 11, 15, 20, 23, 27, 29, 31

June: 3, 6, 10, 13, 15, 17, 20, 23, 27, 29

July: 2, 6, 8, 11, 14, 18, 20, 21, 25, 29

August: 1, 5, 8, 12, 15, 18, 22, 26, 30

September: 2, 5, 9, 12, 16, 19, 21, 23, 26, 28

October:8, 12, 17, 21, 24, 28, 31

November: 4, 9, 14, 18, 23, 28

December: 2, 7, 12, 16, 21, 26, 30

Price per person in USD

	Nov 16-Mar 31	Apr 1-Jun 25	Jun 26-Aug 25	Aug 26-Oct 15	Oct 16-Nov 15
Twin/Triple Share	856	856	1012	960	886
Single Supplement	155	155	173	173	155

The hotel inclusive in this quotation is Lhasa Yak Hotel 3 star or Gorkha Hotel 3 star. You can upgrade to local 4 star at extra cost of USD60 per person. (Lhasa Gnagjian Hotel 4 *)

Important notice

- A minimum of 2 adults per booking is required
- Adult price is based on twin / triple share of a hotel room
- Child price is based on child without extra bed
- If you need one adult in one room, additional single supplement will be informed and charged
- If you need extra bed for child, additional cost will be informed and charged
- Please notice the hotel allows only maximum of 3 persons to stay overnight in one room
- Economic class hotel: Lhasa Yak Hotel / Tibet Gorkha Hotel / Mandala Hotel, Shigatse Zangba Hotel / Manasarover Hotel; Comfortable class hotel: Lhasa Gnagjian Hotel, Shigatse Tashichota Hotel, Shigatse Hotel
- Please be prepare the hotel facilities and service standard in Tibet will not be as good as cities in inland China. A 4-star hotel in Tibet equals maybe the standard of a 3-star hotel in Beijing. At Rongphu Monastery Kent, hot water is only available for limited hours.

- For shuttle bus between airport and hotel, each passenger (except an infant) can check-in a maximum of 2 pieces of baggage, total dimensions per bag shall not exceed 158 cm (62") . Over sized and excess baggage are subjected to the availability of storage space on coach, and surcharge will be charged.
- If you do not want to wait for our airport shuttle bus, the taxi fare will be paid by yourself.

Travel from a Chinese city to Lhasa

- If you travel from a Chinese city to Lhasa, all foreign travelers need a Tibet Travel Permit (TTP) in addition to a Chinese visa. TTP is inclusive in our package, the local operator in Lhasa will apply for you. China visa application is not included.
- Please first obtain a Chinese visa from a Chinese Embassy on your own and then book this package at least 20 days prior of your arrival day in Tibet. If the Chinese Embassy requests an invitation letter for Chinese Visa, Our local tour operator can prepare one and send it to you.
- Our local tour operator will apply for a TTP for you (minimum 15 days lead time) and send it to one of their offices for you to collect. Office locations include Beijing, Shanghai, Xian, Guilin, Chengdu, Kunming, Guangzhou, Shenzhen, Hong Kong, Zhuhai, Changsha, Nanning and Macau.
- To apply for the TTP, please provide traveler's name (as appears on passport), nationality, age, sex, occupation, and passport number as well as photocopies of your passport and Chinese visa.
- The following travelers can not get a TTP issued by Tibet Tourism Bureau: diplomats, journalists, professional media photographers, and government officials. These travelers need to apply directly to the Foreign Affairs Office at Lhasa City Hall: your local tour operator is unable to help.

My travel day is not in the list

- If your travel date is not on our fixed depart list, please choose a random departure date we already have, state your ideal travel date and submit. Our local operator in Lhasa will check the availability and come back to you with a Proposal: OK to form a new group, or 100% refund will be issued

[Click here to Submit Enquiry](#)

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